



ANDHRA MAHILA SABHA
ARTS & SCIENCE COLLEGE FOR WOMEN
Autonomous - NAAC Re-Accredited, O.U.Campus, Hyderabad – 500 007
Tel: 040-27098811.04027070471 (Direct).Fax:04027073346

Email: amsascw1968@gmail.com , ascwams@yahoo.co.in, Website: amsascw.org



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President, AMS

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Vice-President (Chennai)

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AMS, ASCW

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Principal I/c, AMS ASCW

Report On *Pariksha Pe Charcha*

Date :- 06.02.26

What *Pariksha Pe Charcha* Is

Pariksha Pe Charcha (PPC) is an annual outreach by **Prime Minister Narendra Modi** where he talks directly with students, parents, and teachers about examinations, stress management, confidence, life skills and holistic learning. It encourages a positive mindset toward exams — viewing them as part of learning rather than a source of fear. The programme started in **2018** and has grown in scope and participation over the years.

Date & Format

- Held on **6 February 2026** (9th edition), starting at around **10 AM IST**.
- The interactive session is broadcast live on **Doordarshan, YouTube, Facebook, radio and online platforms**, ensuring nationwide access.

Scale & Participation

- Our **4 NSS Programme Officers** Along With **Principal Madam** And **50 NSS Volunteers** has participated in online mode video session
- This year's edition saw unprecedented participation. Official figures show over 6.76 crore participants (including students, teachers, and parents) — the highest since the initiative began
- It was a **pan-India engagement**, with regional interactions conducted simultaneously beyond the national capital — including cities like **Coimbatore, Raipur, Guwahati and Dev Mogra**.

Key Focuses of PPC 2026

- **Stress Management:** PM Modi emphasized reducing exam-related stress, urging students to focus on building fundamentals rather than shortcuts.

- **Parents' Role:** He asked parents to ease pressure, respect each child's learning pace, and support them emotionally.
- **Life Skills & Growth:** Stress was not just on marks but also on developing **confidence, time management, resilience and holistic personal growth.**
- **Cultural & Inclusive Touch:** The programme began with a traditional **Assamese 'Gamosa'** gesture, symbolizing cultural unity and emphasizing inclusive participation.

Evolving Impact of the Programme

Growth Over Years

- The initiative began in **2018** as a smaller interactive platform. Since then, **participation has surged** — from tens of lakhs to **tens of crores** of participants, reflecting its growing national reach and appeal.
- Between 2023 and 2025, registrations grew from under a crore to over **3.5 crore** (earning a **Guinness World Record**), and 2026 has gone even further.
- **Broader Themes** The programme underscores **exams as milestones** rather than measures of worth, and emphasises **emotional support**, broad skill development, and positivity alongside academic effort.

Practical Takeaways Shared by PM Modi

In various editions, including PPC 2024 and 2025, PM Modi has offered practical advice that continued in 2026:

- **Practice writing answers and time management.**
- **Avoid excessive distractions (e.g., mobile phones).**
- **Emphasize life skills over rote memorization.**

How People Participate

- Students, parents, and teachers register via the official **MyGov platform**.
- A subset of participants is selected each year for direct interaction.
- Certificates of participation are issued to all eligible registrants.

Summary

Pariksha Pe Charcha is a yearly national programme led by PM Narendra Modi to help students manage **examination stress, build confidence, and foster holistic growth** through dialogue with youth, parents, and educators. What started as a small event has grown into **one of India's largest student engagement initiatives**, involving millions of participants and spreading key messages around exams, well-being, and life skills.

Gallery:-



