

## **Program Outcomes (POs) – B.A. Psychology**

### **1. Understanding Human Behaviour:**

Gain foundational knowledge of psychological concepts, principles, and theories to understand human behaviour in individual and social contexts.

### **2. Application of Psychology:**

Apply psychological knowledge in real-life situations such as education, health, workplace, and community settings for personal and social well-being.

### **3. Scientific and Analytical Thinking:**

Develop critical, analytical, and scientific reasoning skills to design, conduct, and interpret basic psychological research ethically and effectively.

### **4. Self-Awareness and Personal Growth:**

Foster self-understanding, emotional intelligence, and interpersonal sensitivity to enhance personal and professional effectiveness.

### **5. Ethical and Social Responsibility:**

Demonstrate ethical awareness, respect for diversity, and social responsibility in dealing with individuals and groups across cultural and social backgrounds.

### **6. Communication and Interpersonal Skills:**

Communicate psychological concepts effectively through oral, written, and digital means, and collaborate productively in team and community settings.

### **7. Lifelong Learning and Career Readiness:**

Cultivate a spirit of inquiry and continuous learning to pursue advanced studies and careers in psychology, counseling, education, and allied fields.

## **Program Specific Outcomes (PSOs) – B.A. Psychology**

### **1. Comprehension of Psychological Foundations:**

Understand the core concepts, schools of thought, and key areas of psychology including general, social, developmental, and abnormal psychology.

### **2. Scientific Understanding of Behaviour:**

Apply scientific methods to study, analyze, and interpret human behaviour through observation, experimentation, and psychological assessment.

### **3. Practical Application of Psychology:**

Utilize psychological principles in areas such as education, counseling, health, organization, and community development to enhance human well-being.

### **4. Research and Analytical Competence:**

Develop the ability to design and conduct basic psychological research, analyze data statistically, and interpret findings with ethical integrity.

### **5. Personal and Professional Development:**

Cultivate self-awareness, empathy, emotional intelligence, and effective interpersonal communication skills essential for personal growth and future careers in psychology.

### **6. Social and Cultural Sensitivity:**

Demonstrate understanding and respect for individual differences, cultural diversity, and social issues while applying psychological knowledge for inclusive growth.

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SEMESTER - I

B.A (U.G) PSYCHOLOGY-COMMON CORE SYLLABUS (AY 2025-26)  
DISCIPLINE SPECIFIC CORE PAPER – I /DSC-1 (4 Credits/ 4 HPW)  
FOUNDATION OF PSYCHOLOGY (DSC-101-T)  
COURSE OBJECTIVES & PROGRAMME OUTCOMES

**Course Objectives:**

1. To understand the basic foundations and scientific approaches of psychology.
2. To learn how sensation, attention, and perception shape our experiences.
3. To gain knowledge about memory, thinking, creativity, and problem-solving skills.
4. To explore theories and measurements of intelligence, along with individual differences.
5. To apply psychological concepts in everyday life, academics, and future careers.

**Program Outcomes:**

1. Understand the Foundations of Psychology – Gain knowledge of the origin, history, perspectives, and research methods in psychology.
2. Apply Biopsychological and Cognitive Concepts – Explain the role of brain, nervous system, heredity, and basic cognitive processes (attention, perception, memory, thinking).
3. Analyze Learning and Behavior – Understand theories of learning, sensation, perception, and their real-life applications in education, health, and daily living.
4. Develop Critical, Creative, and Problem-Solving Skills – Enhance abilities in reasoning, decision-making, and creative thinking to address personal and social challenges.
5. Evaluate Intelligence and Individual Differences – Understand theories, assessment, and determinants of intelligence to appreciate human diversity and its applications.

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SEMESTER - II

**B.A (U.G) PSYCHOLOGY-COMMON CORE SYLLABUS (AY 2025-26)**  
**DISCIPLINE SPECIFIC CORE PAPER - II/DSC- II (4 Credits/ 4 HPW)**

**PSYCHOLOGY OF BEHAVIOR (DSC-201-T)**  
**COURSE OBJECTIVES & PROGRAMME OUTCOMES**

**Course Objectives:**

- Understand Motivation and Emotion – To develop an understanding of basic concepts, processes, and theories of motivation and emotion, along with their practical applications in daily life.
- Explore Personality Theories and Assessment – To acquaint students with major theories of personality, both Western and Indian perspectives, and familiarize them with assessment tools.
- Examine States of Consciousness – To introduce concepts of consciousness and altered states, including sleep, dreams, hypnosis, meditation, and the role of psychoactive substances.
- Analyze Gender Psychology – To create awareness about gender identity, gender roles, stereotypes, and differences from psychological, biological, cultural, and social perspectives.
- Promote Critical Thinking and Application – To enhance students' ability to analyze human behavior scientifically through theories, tests, and practical approaches.

**Program Outcomes**

By the end of this course, students will be able to:

- Apply Knowledge – Apply principles of motivation, emotion, personality, consciousness, and gender to understand individual and social behavior.
- Demonstrate Scientific Understanding – Explain human behavior through established psychological theories, models, and empirical evidence.
- Develop Assessment Skills – Administer and interpret psychological tests, behavioural assessments, and projective techniques effectively.
- Enhance Critical Thinking – Analyze psychological issues such as stress, sleep disorders, gender stereotypes, and emotional regulation, and propose evidence-based solutions.
- Foster Personal and Social Growth – Cultivate self-awareness, empathy, and gender sensitivity to contribute positively to personal well-being and social harmony.

*Ansuya*  
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