

## Report on “Beautiful Life” Programme

Venue: Vidhyaranya High School for Boys and Girls, Opposite Secretariat

Date -30-12-25

Time: 10:30 AM – 4:00 PM

### Introduction

The “Beautiful Life” awareness programme was conducted at Vidhyaranya High School for Boys and Girls, located opposite the Secretariat, from 10:30 AM to 4:00 PM. The programme aimed to create awareness on women’s health, the right to life, prevention of violence against women, and cervical cancer prevention. The session brought together doctors, scientists, administrators, and social thinkers to educate and interact with participants.

### Inaugural Session

The programme began with an insightful address by Dr. Kameshwari, who spoke on the Right to Life, emphasizing the need to protect women from all forms of non-violence. She highlighted the importance of bodily autonomy, dignity, and informed health decisions for women.

### Health Awareness Sessions

Dr. Kameshwari also elaborated on the disadvantages of unnecessary removal of the uterus, explaining the long-term physical, emotional, and hormonal impacts on women. She stressed the need for awareness, early diagnosis, and preventive care rather than surgical intervention unless medically essential.

Sri Bala presented an overview of the book “Protect Uterus”, explaining the themes covered in the book such as women’s reproductive health, preventive strategies, common myths related to hysterectomy, and the importance of education in safeguarding women’s health.

### Scientific and Medical Insights

A scientist from CSIR delivered an informative session on the tests conducted to prevent HPV (Human Papillomavirus). The speaker discussed the different types of tests used to identify cervical cancer, the number of screenings required, and the significance of early detection in effective treatment and prevention.

### Administrative and Social Perspective

Sri Chakrapani, Retired IAS Officer, spoke about the cost of cervical cancer screening tests and explained how organizations can support people by making these tests affordable and accessible. This session was followed by an engaging question-and-answer interaction, where participants clarified doubts related to healthcare access and support systems.

### Participation from Andhra Mahila Sabha

Faculty members from Andhra Mahila Sabha actively participated in the programme.

The following members attended the event:

Mrs. P.Sandhya Rani, Department of Biotechnology

Mrs. Nanda Kulkarni, Department of Zoology

Mrs. Ashwini, Department of Commerce

Ms. Keerthi, Department of Commerce

Ms. Himaja, Department of Statistics

Their participation added academic value and interdisciplinary perspectives to the discussions.

### Lunch Break and Open Discussion

A lunch break was provided, followed by an open discussion session where participants shared insights, experiences, and suggestions. The interactive nature of this session encouraged meaningful dialogue and community engagement.

#### Concluding Session

The programme concluded with an address by Prakash Sir, who spoke on violence against women, ways to protect women, and the importance of humanity, empathy, and social responsibility.

#### Conclusion

The “Beautiful Life” programme was informative, impactful, and socially relevant. It successfully raised awareness about women’s rights, health, cervical cancer prevention, and non-violence. The integration of medical, scientific, administrative, and humanitarian perspectives made the programme comprehensive and beneficial for all participants.





