



## ANDHRA MAHILA SABHA ARTS & SCIENCE COLLEGE FOR WOMEN

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### **Report on One Day State Level Seminar - VIPANI Organized by Department of Commerce and Management**

**Date: 23rd January 2025.**

**Venue:** Andhra Mahila Sabha Arts and Science College for Women.

On 23rd January 2025, Andhra Mahila Sabha Arts and Science College for Women organized a One Day State Level Seminar on the topics:

1. “Dialogues for Well-Being” by Professor Dr.Girish Nagaraja Rao
2. “Oral Wellness” by Dr. Rohit Kandlikar

The guest speakers for the seminar were **Dr. Girish Nagaraja Rao, professor of Epidemiology, NIMHANS, Bangalore** and **Dr. Rohit Kandlikar, MDS Prosthodontics and Implantology, Hyderabad.**

#### **Highlights of the Seminar**

Today, a one-day State-Level Seminar was successfully conducted with active participation from all sister institutions and colleges of the twin cities. The seminar featured two highly engaging sessions by distinguished speakers, **Professor Girish Nagaraja Rao** and **Dr. Rohit Kandlikar** who shared their expertise on topics of significant importance.

The first session, led by **Professor Girish**, focused on "*Dialogues on Well-Being*". The profound insights into the multidimensional aspects of wellness have been truly inspiring. From emphasizing mental and emotional health to understanding the importance of sustainable habits, Girish’s speech has provided us with practical knowledge to adopt healthier lifestyles. Your ability to connect public health concerns with individual choices has left a lasting impression on all of us, motivating us to view well-being as a holistic journey rather than a destination.

The second session, conducted by **Dr. Rohit Kandlikar**, centred on "*Oral Wellness.*" His emphasis on the vital role oral health plays in overall well-being has broadened our perspective. The practical tips and awareness you shared about maintaining oral hygiene were not only informative but also actionable. His passion for improving lives through dentistry was evident in every word, and it has inspired many of us to take oral health more seriously.

A short but impactful session on ***CPR (Cardiopulmonary Resuscitation)*** was conducted by **Dr. Vijay Rao**. He demonstrated essential life-saving techniques and explained the importance of timely intervention during emergencies. Participants found the session practical and valuable, as it equipped them with skills to respond effectively in critical situations.

The seminar concluded with an interactive Q&A session, where the speakers addressed queries from the audience. The event was a resounding success, fostering collaboration, knowledge-sharing, and inspiration among the attendees to prioritise well-being and preparedness in their personal and professional lives.

## **Participation**

The seminar was attended by **321 participants** from various streams of Andhra Mahila Sabha institutions. The audience included,

- **Indian institute of Management & Commerce, Khairatabad, Hyderabad.**
- **Durgabai Deshmukh College of Nursing, Vidyanagar, Hyderabad**

And

- **Students and Faculty of Andhra Mahila Sabha Arts and Science College for Women.**

## **College Management and Faculty Attended the Seminar:**

The following dignitaries graced the event:

- **D.Chakrapani**, Chairman, AMSASCW
- **Dr. P.Rajini**, Secretary and Correspondent, AMSASCW
- **Dr. K.Karuna Devi**, Principal I/c, AMSASCW
- **Dr. Y.Vasundhara**, Vice Principal, AMSASCW
- **Dr. A.Pramila**, IQAC Coordinator, AMSASCW
- **Dr. J.Saritha**, Head Dept. of Commerce and Management, AMSASCW
- **V.Radhika**, Faculty Commerce and Management, AMSASCW
- **B.Swetha**, Faculty Commerce and Management, AMSASCW
- **G.Pravalika**, Faculty Commerce and Management, AMSASCW
- **G.Ramya Sree**, Faculty Commerce and Management, AMSASCW
- **P.Padmala**, Faculty Commerce and Management, AMSASCW
- **Iqra Jabeen**, Faculty Commerce and Management, AMSASCW
- **G.Rashmitha**, Faculty Commerce and Management, AMSASCW
- **M.Keerthi**, Faculty Commerce and Management, AMSASCW
- **K.Ashwini**, Faculty Commerce and Management, AMSASCW
- **T.Jyothi**, Faculty Commerce and Management, AMSASCW
- **T.V.Hasmitha**, Faculty Commerce and Management, AMSASCW

## CONCLUSION

The seminar concluded with an interactive Q&A session, where the participants have given the paper presentation and queries were addressed by both speakers and paper presenters from the audience. The event was a resounding success, fostering collaboration, knowledge-sharing, and inspiration among the attendees to prioritise well-being and preparedness in their personal and professional lives.

The seminar not only broadened the participants' understanding but also inspired them to think critically about these important topics, making it a memorable and enriching experience for all.

