



**ANDHRA MAHILA SABHA  
ARTS & SCIENCE COLLEGE FOR WOMEN  
Autonomous - NAAC (Re-Accredited),  
O.U. Campus, Hyderabad – 500 007**



**NSS 2018**



**ANDHRA MAHILA SABHA  
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Date: 02/08/2018

**CIRCULAR**

This is to inform all the teaching staff and students to take part in the **Plantation Programme at Public gardens, by NSS Units, Andhra Mahila Sabha** scheduled on August 4th, 2018.

**NSS Program Officers**

1. Dr. P. Rajyalakshmi
2. Dr. K. Karuna Devi

*Bhagya Rekha*

**Principal**

Dr. G. N. Bhagya Rekha

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Andhra Mahila Sabha along with NSS UNITS I,  
II, III, IV is organising

## PLANTATION PROGRAMME



**04 / 08 / 2030 | 10 AM - 3 PM**

**| VENUE: PUBLIC GARDENS**

By NSS UNITS I, II, III, IV

*K. Thirumala Rao*



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## **Report on Plantation Programme**

Date: 4/8/2018

Organizer: NSS Units of Andhra Mahila Sabha

Venue: Public Gardens

Participants: 100 Students

The NSS Units of Andhra Mahila Sabha successfully organized a plantation programme at the Public Gardens on the 4th of August, 2018. The event aimed to promote environmental awareness and contribute towards green initiatives within the community. A total of 100 enthusiastic students participated in the programme, displaying their commitment to environmental sustainability.

**Community Engagement:** The plantation programme witnessed active participation from students belonging to various educational institutions. This engagement reflects the community's growing concern for environmental conservation.

**Educational Significance:** Prior to the plantation activity, educational sessions were conducted to enlighten participants about the importance of trees, the significance of afforestation, and the impact of environmental degradation on society.

**Plantation Drive:** Following the educational sessions, participants actively engaged in planting saplings within the Public Gardens premises. This hands-on experience not only contributed to the green cover but also instilled a sense of responsibility towards environmental stewardship among the participants.

**Collaborative Effort:** The success of the plantation programme was a result of collaborative efforts between the NSS Units of Andhra Mahila Sabha, educational institutions, and local authorities. Such collaborative initiatives amplify the impact of environmental conservation efforts.

**Future Endeavors:** The plantation programme served as a stepping stone for future environmental initiatives. It inspired participants to continue their efforts towards fostering a greener and healthier environment, both individually and collectively.

**Conclusion:** The Plantation Programme organized by the NSS Units of Andhra Mahila Sabha at Public Gardens on 4th August 2018 was a resounding success. The active participation of 100 students showcased the dedication of the youth towards environmental conservation. Such initiatives play a crucial role in nurturing a sense of environmental responsibility and fostering sustainable practices within the community. The event not only contributed towards increasing the green cover but also served as a platform for spreading awareness about the importance of environmental preservation. It is imperative to continue organizing such programmes to ensure a greener and healthier future for generations to come.



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*K. Thirumala Rao*



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List of Participants

S. NO	Roll No.	Name of the Student
1	1058-51--17-001	MATHUKUMALLI VIRAJA YASASWINI
2	1058-51-17-002	MUNIGALA INDU
3	1058-51-17-003	NALLA VIGNESHWARI
4	1058-51-17-004	DAMERA KUSUMA
5	1058-51-17-005	V SOUNDARYA SAGAR CHAVAN
6	1058-51-17-006	N NIKITHA
7	1058-51-17-007	AGGANUR MAMATHA
8	1058-51-17-008	MALLELA RAVALI
9	1058-51-17-009	GOUSIA BEGUM
10	1058-51-17-011	PARUPUDI SRI SIVA BALA
11	1058-51-17-012	AMULYA GAJENDRA SUKHDANE
12	1058-51-17-013	VADDULA HARSHITHA
13	1058-51-17-014	DERAVATH BABY
14	1058-51-17-015	B NAVYA
15	1058-51-17-016	GANJI SHIVANI
16	1058-51-17-017	MOGUDALA AVANTHI
17	1058-51-17-018	BANDLA KOUSALYA
18	1058-51-17-028	NASREEN KAUSAR
19	1058-51-17-031	NADIMIDODDI ARUNA
20	1058-51-17-032	KADASI JYOTHI
21	1058-51-17-033	GODISHALA SIRISHA
22	1058-51-17-034	ALETI REVATHI
23	1058-51-17-035	KONGARI BHARGAVI
24	1058-51-17-036	DHAGGULA RAJINI
25	1058-51-17-037	BONAGIRI SUSHMA
26	1058-51-17-039	PUTLAGARI SWETHA
27	1058-51-17-041	ESLAVATH UMA MAHESHWARI
28	1058-51-18-101	MOODU SUMITHRA
29	1058-51-18-102	MATAM SWATHI
30	1058-51-18-103	DODDA POOJA
31	1058-51-18-104	CH ANUSHA
32	1058-51-18-105	URADI MOUNIKA
33	1058-51-18-106	J MADHAVI
34	1058-51-18-107	KADIYAM REVATHI
35	1058-51-18-108	BODA SHIREESHA



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36	1058-51-18-109	KUCHIMALLA SPANDANA
37	1058-51-18-110	SANDHANA YADHAGIRI PRIYANKA
38	1058-51-18-111	BRUNGI SOWJANYA
39	1058-51-18-112	KOLIPAKA NIHARIKA
40	1058-51-18-113	GAJAPOYALLY SUHASINI
41	1058-51-18-114	NAROJU SHRUTHI
42	1058-51-18-115	Y BHARGAVI
43	1058-51-18-116	ERUKULLA SWETHA
44	1058-51-18-117	KALYANKAR NEHA
45	1058-51-18-118	CH MANASA
46	1058-51-18-119	B PRAVALLIKA
47	1058-51-18-120	B SHAILAJA
48	1058-51-18-121	KUKADAPU SARIKA
49	1058-51-18-122	N SHIVANI
50	1058-51-18-123	SABA HEENA
51	1058-51-18-124	KAMMARI JYOTHI
52	1058-51-18-125	MOHMMED SHAHEEN
53	1058-51-18-126	REPAKA RUPA DEVI
54	1058-51-18-127	SUKKA KRUPA TEJASWINI
55	1058-51-18-128	CHATLA SRAVANTHI
56	1058-51-18-129	NERELLA SIRISHA
57	1058-51-18-130	JANARDHAN YASHASWI
58	1058-51-18-131	IDIDINENI SAI KEERTHANA
59	1058-51-18-132	SIRI MUNIMANDA
60	1058-51-18-133	PENUMATI HIRANYA
61	1058-51-18-134	M SAVANI
62	1058-51-18-135	POTHURAJU SUSHMA
63	1058-51-18-136	MEDA SRAVANI
64	1058-51-18-137	JATATHILA SNEHA MANASA
65	1058-51-18-138	BANDI REKHA
66	1058-51-18-139	KAMMARI SRAVYA SREE
67	1058-51-18-140	REPAKA JAGRUTHI
68	1058-51-18-141	JATAMONI HARINI
69	1058-51-18-142	SANIA TABASSUM
70	1058-51-18-143	HALAVATHU GEETHANJALI
71	1058-51-18-144	KAREENA CHAVAN
72	1058-51-18-145	BONTHA RAMYA
73	1058-51-18-146	JATOTH POOJA
74	1058-51-18-147	KURADI SANDHYA
75	1058-51-18-148	THURUGONDA NELAVANKA
76	1058-51-18-149	KAMTAM PRANATHI
77	1058-51-18-150	BANOTH NANDHINI



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78	1058-51-18-151	CHALLA BHAVYA SINDHU
79	1058-51-18-152	MATHARI MAHESHWARI
80	1058-51-18-153	GOTLA ASHRITHA
81	1058-51-18-154	KUNCHA SRAVANI
82	1058-51-18-155	KURRI AMULYA
83	1058-51-18-156	MANDHAPURAM SANTHOSHAMMA
84	1058-51-18-157	CHITTANENI SRIYA
85	1058-51-18-158	REGATTI POOJITHA
86	1058-51-18-159	DEVI PRABHAKAR AKSHAYA
87	1058-51-18-160	GUNDU BHARGAVI
88	1058-51-18-161	GANGAM NISHITHA REDDY
89	1058-51-18-162	MALLAVARAPU DEEVENA
90	1058-51-18-163	BHAVANI PAVITHRA
91	1058-51-18-164	VEERAMALLA SRIDEVI
92	1058-51-18-165	MADASU MOUNIKA
93	1058-51-18-166	PONNALA SHRAVANI
94	1058-51-18-167	BHUTALE SHIVANI
95	1058-51-18-168	GUDLA ALEKHYA
96	1058-51-18-169	G VAISHNAVI
97	1058-51-18-170	MUDAVATH NAVYA
98	1058-51-18-171	PEDDOJU RAMADEVI
99	1058-51-18-63	PEDDOJU RAMADEVI
100	1058-51-18-62	DASARI SWETHA

*K. J. Hanumanth Rao*





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Date: 25/08/2018

**CIRCULAR**

This is to inform all the teaching staff and students to participate in the **Eye Camp organized by AMS College for Women**, scheduled on August 27th, 2018.

*Bhagya Rekha*

**NSS Program Officers**

1. Dr. P. Rajyalakshmi
2. Dr. K. Karuna Devi

**Principal**

Dr. G. N. Bhagya Rekha

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**Andhra Mahila Sabha is  
organising  
EYE CAMP**

Date: 27//08/2018

Venue: Andhra Mahila Sabha Durgabai  
Deshmukh Hpospital, Vidyanagar

NSS UNITS: I, II, III & IV

*K. Sharmila Devi*



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## **Report on Eye Camp Organized by Andhra Mahila Sabha**

Date: 27/08/2018

Location: Andhra Mahila Sabha Durgabai Deshmukh Hospital, Vidyanagar

Organizers: Andhra Mahila Sabha in collaboration with NSS Units I, II, III, IV

Participants: 20 NSS Volunteers

**Introduction:** On 27/8/2018, Andhra Mahila Sabha in conjunction with NSS Units I, II, III, IV successfully conducted an Eye Camp at the Durgabai Deshmukh Hospital, Vidyanagar. The camp aimed to provide accessible eye care services to the underprivileged sections of society and raise awareness about the importance of eye health.

**Activities and Proceedings:** The Eye Camp commenced at 11 A.M. with the registration of participants. The NSS volunteers actively engaged in assisting the medical staff in registering the patients and organizing the flow of the camp. Once registered, each participant underwent a comprehensive eye examination conducted by experienced ophthalmologists and optometrists.

The camp provided various services including vision testing, distribution of free spectacles, and consultation for those requiring further medical intervention. Additionally, educational sessions were conducted to impart knowledge on eye hygiene, preventive measures, and the importance of regular eye check-ups.

**Impact:** The Eye Camp witnessed active participation from the local community, with a significant turnout of individuals seeking eye care services. Through the combined efforts of Andhra Mahila Sabha and NSS volunteers, essential eye care facilities were made accessible to those in need, thereby contributing to the enhancement of public health in the region.

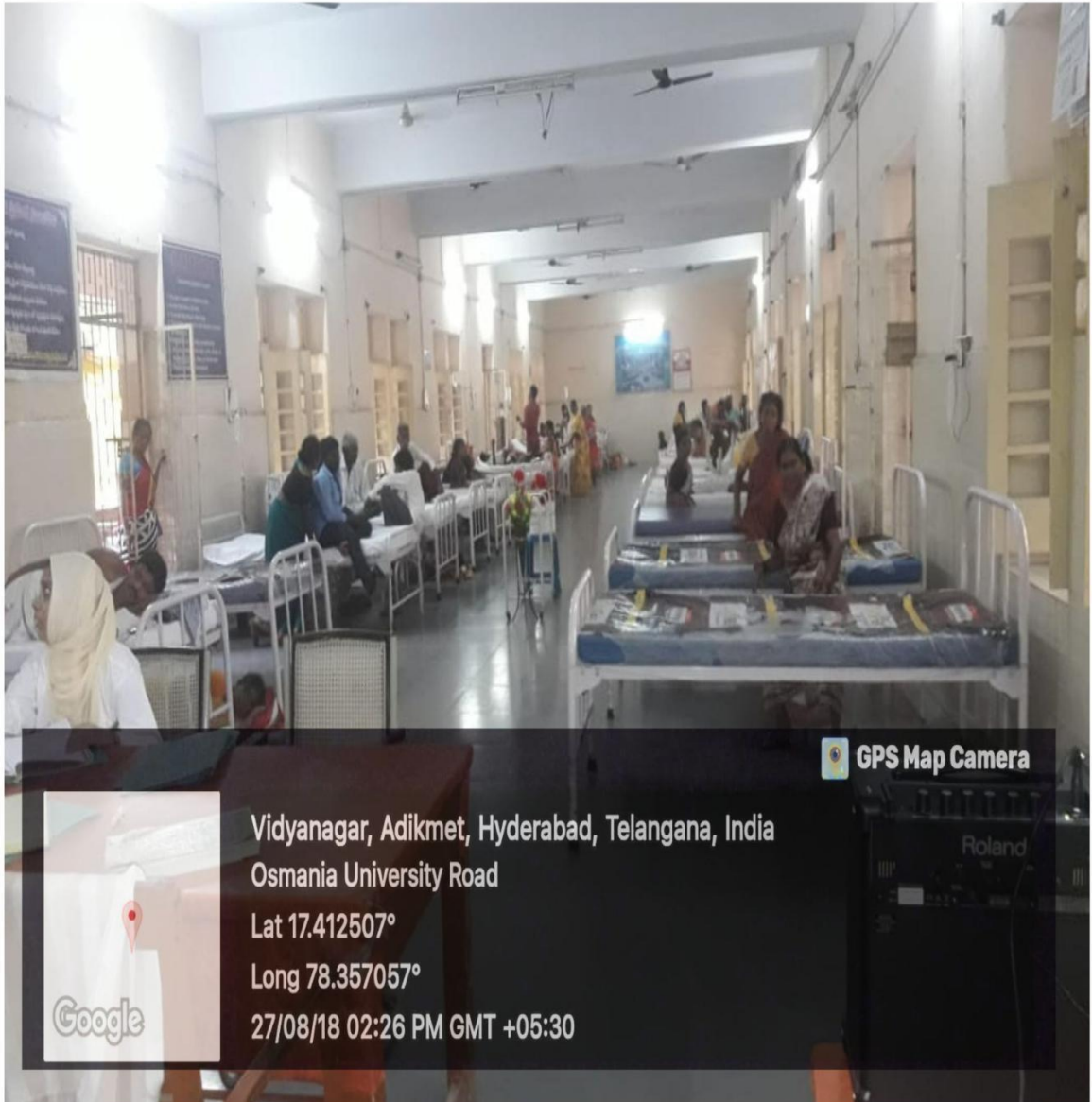
The provision of free spectacles and consultation services proved to be immensely beneficial, addressing the vision needs of many underprivileged individuals who might otherwise lack access to such resources. Moreover, the educational sessions helped in raising awareness about preventive eye care measures, empowering the community to take proactive steps towards maintaining good eye health.


**Conclusion:** The Eye Camp organized by Andhra Mahila Sabha, in collaboration with NSS Units I, II, III, IV, exemplifies the spirit of community service and social responsibility. By extending vital eye care services to the marginalized sections of society, the initiative has made a tangible impact on improving the overall well-being of the community.

We extend our heartfelt gratitude to all the volunteers, medical staff, and organizers whose dedication and support made this event a resounding success. Such endeavors reaffirm our commitment to serving the needs of the society and fostering a culture of health awareness and inclusivity.



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 **GPS Map Camera**



Vidyanagar, Adikmet, Hyderabad, Telangana, India  
Osmania University Road  
Lat 17.412507°  
Long 78.357057°  
27/08/18 02:26 PM GMT +05:30

*K. Sharmila Devi*



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**List of students**

S. No	Roll No.	Name of the student
1	1058-17-467-001	KULLA ALEKHYA
2	1058-17-467-048	KATHA PRIYANKA
3	1058-17-467-052	SAPAVAT SHARADA
4	1058-17-467-025	SAMEENA BEGUM
5	1058-17-467-005	SHAYESTA NIKHAT
6	1058-17-467-008	ANDE BHARGAVI
7	1058-17-467-007	KUNSOTHU PRATHYUSHA
8	1058-17-467-028	PODETI VASANTHA
9	1058-17-467-039	DUSSA SHIVANI
10	1058-17-467-011	ANTHATI POOJITHA
11	1058-17-467-010	GANGI KRISHNAVENI
12	1058-17-467-012	MAROJU VASUDHA
13	1058-17-467-013	BONALA ANUJA
14	1058-17-467-034	MAJEEDA SULTANA
15	1058-17-467-015	DASARI SUJATHA
16	1058-17-467-046	MADHYAM VAMSHAVARDHINI
17	1058-17-467-017	POOLAPALLI MEENA YADAV
18	1058-17-467-020	REPAKA RUPA DEVI
19	1058-17-467-027	SUKKA KRUPA TEJASWINI
20	1058-17-467-023	K ARUNA

*K. Thirumala Rao*



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Date: 01/10/2018

**CIRCULAR**

This is to inform all the teaching staff and students to take part in the **Swachh Bharat Programme organized by Fever Hospital, Nallakunta, Hyderabad,** scheduled on October 2nd, 2018.

*Bhagya Rekha*

**NSS Program Officers**

1. Dr. P.Rajyalakshmi
2. Dr.K.Karuna Devi

**Principal**

Dr.G.N.Bhagya Rekha

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Andhra Mahila Sabha with NSS UNITS I, II,  
III, IV is organising

## **SWACHHTA PROGRAMME**



**Date: 02/10/2018**

**Venue: Fever Hospital,  
Nallakunta, Hyderabad**

*K. S. Kumar*



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## **Report on Swachhta Programme Organized by Andhra Mahila Sabha**

Date: October 2, 2018

Location: Fever Hospital, Nallakunta, Hyderabad

Organizers: Andhra Mahila Sabha in collaboration with NSS Units I, II, III, IV

Participants: 48 students

On October 2, 2018, Andhra Mahila Sabha, in collaboration with NSS Units I, II, III, IV, organized a Swachhta Programme at Fever Hospital, Nallakunta, Hyderabad. The programme aimed to promote cleanliness and hygiene awareness among the community, as well as to contribute towards maintaining a clean and healthy environment.

**Activities and Proceedings:** The Swachhta Programme commenced at [Insert Time] with an inaugural ceremony, wherein the importance of cleanliness and hygiene was emphasized by the organizers and dignitaries present. Following the ceremony, the participants, consisting of 48 students from various NSS units, actively engaged in cleaning and sanitation activities within the premises of Fever Hospital.

Tasks included garbage collection, sweeping, and disinfection of designated areas. Additionally, awareness sessions were conducted to educate both staff and visitors about the significance of waste management, proper sanitation practices, and the role of individuals in maintaining a clean environment.

**Impact:** The Swachhta Programme witnessed enthusiastic participation from the students, who demonstrated a commendable commitment to the cause of cleanliness and hygiene. Their efforts contributed significantly to the improvement of the hospital's surroundings, creating a more sanitary and pleasant environment for patients, staff, and visitors.

Furthermore, the awareness sessions conducted during the programme served to instill a sense of responsibility towards environmental stewardship among the participants and the broader community. By fostering a culture of cleanliness and promoting sustainable practices, the initiative aimed to inspire long-term positive behavioral change and promote public health and well-being.

**Conclusion:** The Swachhta Programme organized by Andhra Mahila Sabha and NSS units exemplifies the collective efforts towards fostering a cleaner and healthier society. Through collaborative action and community engagement, the initiative succeeded in making a tangible impact on promoting cleanliness and hygiene awareness, particularly within the premises of Fever Hospital, Nallakunta.





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*K. Hemadri*



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### List of Students

S. NO	Roll No.	Name of the Student
1	1058-19-445-001	SURYAPETA MEGHANA
2	1058-19-445-002	MUSTI DEEPIKA
3	1058-19-445-003	G GAYATHRI
4	1058-19-445-004	KATLA KAVERI
5	1058-19-445-005	UGGERA AHALYA
6	1058-19-445-006	CHAKALI LAXMI HARIKA
7	1058-19-445-007	PARANANDHI POOJITHA
8	1058-19-445-008	DHAHIPHALE SAI KEERTHI
9	1058-19-445-009	ARGULA HARSHIKA
10	1058-19-445-010	PENDYALA RISHITHA
11	1058-19-445-011	GUNDE SAHITHYA
12	1058-19-445-012	ZHADE SUSHMA
13	1058-19-445-013	CHENGALA PRATHYUSHA
14	1058-19-445-014	SYAMALA SWATHI
15	1058-19-445-015	PILLALAMARRI PRAGHNA
16	1058-19-445-016	SANDE SHILPA
17	1058-19-445-017	GOOGLOTH BYULA
18	1058-19-445-018	POLAM SONY
19	1058-19-445-019	KATIKE ABHINAYA
20	1058-19-445-020	T NITYA NANDINI
21	1058-19-445-021	BUTHARAJU PRANATHI
22	1058-19-445-022	DUVVA VIDHATHRI
23	1058-19-445-023	M.VINITHA
24	1058-19-445-024	KOTHA KEERTHI
25	1058-19-445-025	KARRULA ANUSHA
26	1058-19-445-026	PALLE RAJITHA
27	1058-19-445-027	VANAPATLA ANJALI
28	1058-19-445-028	M.PREETHI
29	1058-19-445-029	E.MADHAVI
30	1058-19-445-030	DINDU RAMANI
31	1058-19-445-031	TANGUTURI CHANDANA SRI
32	1058-19-445-032	DARISHETTY SONALI
33	1058-19-445-033	PRANITHA.P
34	1058-19-445-034	VOMPU MERCY SUZZANA
35	1058-19-445-035	MIZBA
36	1058-19-445-036	AAKUNOORI SAI NAGA HARINI
37	1058-19-445-037	BOLLA SRIVIDYA
38	1058-19-445-038	POLUJU BHOOMIKA



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39	1058-19-445-039	NAGILLA YASHASWINI
40	1058-19-445-040	ESLAVATH JHANSI
41	1058-19-445-041	DASARI NISHA
42	1058-19-445-042	NAGOJU MADHURI
43	1058-19-445-043	GUNDI SHRIYA
44	1058-19-445-044	MADUGULA SRIDEVI
45	1058-19-445-045	BOMMISSETTI PRAVALLIKA
46	1058-19-445-046	KOKKALAKONDA SUSMITHA
47	1058-19-445-047	DUBIDIKE BHAVANI
48	1058-19-445-048	MAVURAPU AKHILA`
49	1058-19-445-049	KOTLA SWARNALATHA
50	1058-19-445-050	DEVARAKONDA SOWJANYA

*K. S. Hanumanth Rao*



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Date: 02/08/2018

**CIRCULAR**

This is to inform all the teaching staff and students to take part in the **PWD Voluntary Work at Ravindra Bharathi, by NSS Unts Andhra Mahila Sabha** scheduled on December 7<sup>th</sup>, 2018.

*Bhagya Rekha*

**NSS Program Officers**

1. Dr. P. Rajyalakshmi
2. Dr. K. Karuna Devi

**Principal**  
Dr. G. N. Bhagya Rekha

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Andhra Mahila Sabha is  
inviting to take part in  
**PWD Voluntary Work**  
**at Telangana State Eleccitions**



**Date: 07/12/2018**

**Veue: Ravindra Bharathi,  
Hydearbad**

*K. Sharmila Devi*



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### **Report on PWD Voluntary Work**

Date: December 7th, 2018

**Objective:** The National Service Scheme (NSS) Units of Andhra Mahila Sabha organized a voluntary work initiative aimed at assisting Persons with Disabilities (PWD) at Ravindra Bharathi, a renowned cultural center in Hyderabad. The objective was to extend support to the PWD community and contribute towards creating an inclusive environment.

**Participants:** A total of 50 students from Andhra Mahila Sabha actively participated in the voluntary work program. These students were enthusiastic and committed to making a positive impact through their service.

**Activities:** The voluntary work comprised various activities focused on providing assistance and support to PWD individuals visiting Ravindra Bharathi. These activities included:

**Escorting and Guiding:** Students assisted PWD individuals in navigating their way around the premises of Ravindra Bharathi, ensuring their safety and convenience.

**Seating Arrangements:** Special seating arrangements were made to accommodate PWD individuals comfortably during cultural events and performances. The students helped in organizing and managing these arrangements efficiently.

**Accessibility Support:** Efforts were made to enhance accessibility for PWD individuals by providing ramps and other necessary facilities. The students actively facilitated the use of these amenities and ensured a seamless experience for all visitors.

**Personal Assistance:** Students offered personal assistance to PWD individuals as required, including helping them with refreshments, restrooms, and any other specific needs they might have had.

**Impact:** The voluntary work initiative had a significant positive impact on both the PWD individuals and the participating students. Some key outcomes and observations include:

**Sensitization and Awareness:** Through their involvement in the voluntary work, students gained a deeper understanding of the challenges faced by PWD individuals and the importance of promoting inclusivity in society.

**Community Engagement:** The initiative facilitated meaningful engagement between the student volunteers and the PWD community, fostering empathy, understanding, and mutual respect.

**Conclusion:** The PWD voluntary work initiative organized by NSS Units Andhra Mahila Sabha at Ravindra Bharathi on December 7th, 2018, exemplified the spirit of service and inclusivity. Through their dedicated efforts, the participating students not only provided valuable assistance to PWD individuals but also contributed towards building a more inclusive and compassionate society. Such initiatives play a crucial role in promoting social cohesion and empowering marginalized communities.



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GPS map Camera

Lakdikapul Road, Saifabad, Hyderabad, Telangana, India  
Ravindra Bharathi  
Lat 17.403425°  
Long 78.323911°  
07/12/18 10:42 AM GMT +05:30

Google

*Ravindra Bharathi*



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List of participants

S. NO.	Roll No.	Name of the Student
1	1058-17-467-050	BURRA HARIKA
2	1058-17-467-051	MUDAVATH MUKTHAVALI
3	1058-17-467-052	MOCHARLA USHA SRI
4	1058-17-467-053	GUDURU SUPRIYA
5	1058-17-467-054	CHEEMALADINNE MANEESHA
6	1058-17-467-055	NENAVATH LAXMI
7	1058-17-467-056	GUMMADIVELLI NAVITHA
8	1058-17-467-057	PATHALAGODA ANURADHA
9	1058-17-467-058	KUPPIREDDY SAHITHI REDDY
10	1058-17-467-059	NARAPAKA RAMADEVI
11	1058-17-467-060	MEDIDA RAGINI
12	1058-17-467-061	DASOJU NEHA
13	1058-17-467-062	GRACY PRATISKSHA BABU
14	1058-17-467-063	GOUNDLA DHARANI
15	1058-17-467-064	ERUGU KAVYA SREE
16	1058-17-467-065	AGGI BALASRI
17	1058-17-467-066	E RACHANA
18	1058-17-467-067	RAPOLE TEJASHWINI
19	1058-17-467-068	REDDIPALLY SAIRAMA
20	1058-17-467-010	LAKAVATH BLESSI
21	1058-17-467-011	NAMEERA
22	1058-17-467-012	PADALA USHARANI
23	1058-17-467-013	MADIPEDDI MADHAVI
24	1058-17-467-014	KALYANAM RUCHITHA
25	1058-17-467-015	MUNIGANTI BHAVANI
26	1058-17-467-016	BAVAJI AKHILA
27	1058-17-467-017	S NISHITHA
28	1058-17-467-018	KACHIGALLA MYTHILI TEJA
29	1058-17-467-019	GYADARI YAMINI
30	1058-17-467-020	DEBBADI SINDHU
31	1058-17-467-021	YARAGANI SREYA
32	1058-17-467-022	MADIPALLI MANEESHA
33	1058-17-467-023	AKULA ANUSHA
34	1058-17-467-024	ESLAVATH MOUNIKA
35	1058-17-467-025	CHANDA SRAVANI
36	1058-17-467-026	SHAGANTI MAMATHA
37	1058-17-467-027	GOLLA NAVANEETHA
38	1058-17-467-028	SUNDI KALYANI
39	1058-17-467-029	ARRURI SHIRISHA





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40	1058-17-445-038	RACHCHA BHAVYA SREE
41	1058-17-445-039	B SRAVANI
42	1058-17-445-040	PAMBALA ASHWINI
43	1058-17-445-041	GV LEENA
44	1058-17-445-042	BURUGUBAVI VAISHNAVI
45	1058-17-445-043	KARISHMA CHAVAN
46	1058-17-445-044	BEKKUNUTI SRUTHIKA
47	1058-17-445-045	GUNDLA VANDANA
48	1058-17-445-046	SAGARLA RADHIKA
49	1058-17-445-047	DULURI NANDINI
50	1058-17-445-048	ARKARI RISHIKA

*K. J. Hanumanth Rao*



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## **CIRCULAR**

Date: 20/06/2018

This is to inform all the students that a forthcoming Yoga and Meditation Training Workshop aimed at promoting holistic well-being and fostering a healthy work-life balance. The workshop will be held on 21.06.2019 from 11.00 am to 12.30 pmat Landscape Gardens, OU.

*Bhagya rekha*

**NSS Program Officers**

1. Dr. P. Rajyalakshmi
2. Dr. K. Karuna Devi

**Principal**

Dr. G. N. Bhagya Rekha

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## **Yoga and Meditation**



On 21<sup>st</sup> June 2019

Venue: Landscape Gardens, O.U.

Time: 11.00 am to 12.30 pm

Organized by

Physical Education

Andhra Mahila Sabha Arts and Science College For Women

*Bhagyarekha*

**Principal**

Dr. G. N. Bhagya Rekha



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### ACTIVITY REPORT

Name of the Activity	<b>Yoga and Meditation</b>	
Type of Activity	Life skills	
Date and Time of Activity	21.06.2019	11.00 am to 12.30pm
Details of Participants	50	
Organizing Dept./Support System	Physical Education Department	
Resource person/guest/organization	Prof.C. Ganesh Director, DEC.OsmaniaUniversity	
Description	<p>our college is invited to "Landscape park on the occasion of Yoga day celebration on 21st June conducted by NSS OU chief guest was Prof Mr.Ramchandhan - vice chancellor, Also physical education department of AMS also conducted yogaday celebrations.</p> <p><b>CHIEF GUEST:</b></p> <p>Prof.C. Ganesh Director, DEC.OsmaniaUniversity</p> <p>Dr. T.Venkata Rajaiah Yoga expert. Aurobindo yoga meditation centre</p> <p><b>GUEST OF HONOUR:</b></p> <p>Sri B.V. Satya Nagesh CounselingPsychologist</p> <p>Dr. Ravi Kumar Nanduri Program Co-ordinator</p>	



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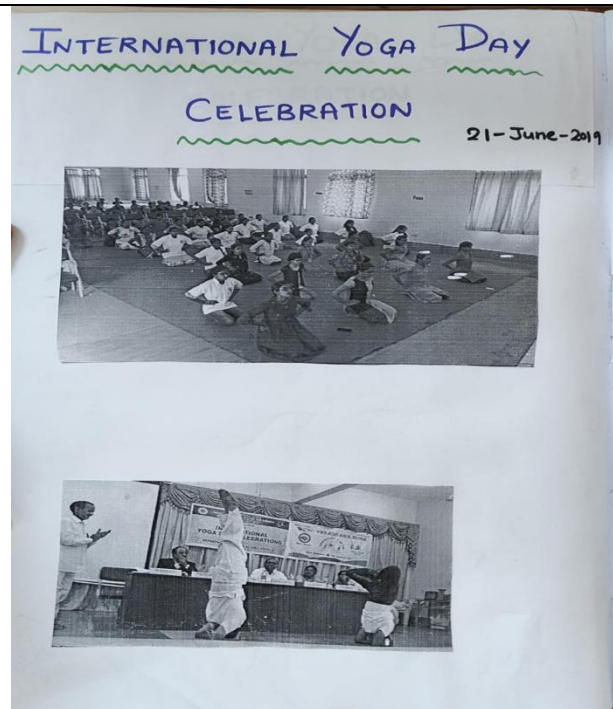
**FELICITATED BY:**

Dy P. Rajyalaxmi  
Vice Principal AMSASCW

Dr. M. Sridevi  
Head Dept of physical education

sky yoga also participated, And demonstration is given by them students and staff participated actively in this programme.

Photos



*Bhagyalekha*

Principal

List Of Participants



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<b>S.N O</b>	<b>ROLL NUMBER</b>	<b>NAME OF THE STUDENT</b>
1	1058-18-489-401	Ch.Ruchitha
2	1058-18-489-402	D.Manisha
3	1058-18-489-403	S.Pooja
4	1058-18-489-404	K.Shailaja
5	1058-18-489-405	E.Rajeshwari
6	1058-18-489-406	K.Keerthi Priya
7	1058-18-489-407	A.Pooja
8	1058-18-489-408	L.Prathyusha
9	1058-18-489-409	K.Bhargavi
10	1058-18-489-410	K.Ramya
11	1058-18-489-411	V.Nikhitha
12	1058-18-489-412	L.Srilatha
13	1058-18-489-413	M.Anusha
14	1058-18-489-414	G.Surya Prabha
15	1058-18-402-507	A.Laxmi Prasanna
16	1058-18-402-508	N.Bhagya Laxmi
17	1058-18-402-509	K.Ashwini
18	1058-18-402-510	P.Ramya
19	1058-18-402-511	M.Shravani
20	1058-18-402-512	A.Ruchitha
21	1058-18-402-513	P.Rekha
22	1058-18-402-514	M.Ramya Yadav
23	1058-18-402-515	K.Mahitha
24	1058-18-402-516	M.Preethi
25	1058-18-402-517	Shaheen
26	1058-18-402-518	B.Shivathmika
27	1058-18-402-519	D.Pooja
28	1058-18-402-520	K.Deepika
29	1058-18-402-521	V.Manisha
30	1058-18-402-522	S.Mamatha
31	1058-18-402-523	Amreen
32	1058-18-402-524	Sameera Sultana
33	1058-18-402-525	K.Sudha Sri
34	1058-18-402-526	U.Anjali Kumar
35	1058-18-402-527	P.Maheshwari
36	1058-18-402-528	B.Nikitha
37	1058-18-402-529	B.Bhargavi
38	1058-18-402-530	S.Dhamini Sai Deepthi
39	1058-18-402-531	M.Rani
40	1058-18-402-532	K.Shirisha
41	1058-18-402-533	B.Lalitha
42	1058-18-402-534	L.Sneha Priya



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43	1058-18-402-535	D.Divya
44	1058-18-402-536	M.Kalyani
45	1058-18-402-537	M.Divya
46	1058-18-402-538	P.Mythreyi
47	1058-18-467-321	ARRURI SHIRISHA
48	1058-18-467-322	SANA BEGUM
49	1058-18-467-323	VALLAPU RAJESHWARI
50	1058-18-467-324	SADIYA ZUBAIR
51	1058-18-467-325	AROORI JHANSI
52	1058-18-467-326	NAINAVATH SIRISHA
53	1058-18-467-327	IMMANENI BHAVANA
54	1058-18-467-328	LOKA BHARGAVI
55	1058-18-467-329	KONDA NIHARIKA
56	1058-18-467-330	SAMALA SRAVANI
58	1058-18-467-332	CHENNABOINA SAI SOWMYA YADAV
59	1058-18-467-333	CHIKKULA GOUTHAMI
60	1058-18-467-334	ARROLU MOUNIKA
61	1058-18-467-335	GADCHANDA RAVALI
62	1058-18-467-336	DHONDI HARI CHANDANA
63	1058-18-467-337	BOLLU ANUSHA
64	1058-18-467-338	LAKAVATH MANJULA
65	1058-18-467-339	GURRALA BINNU
66	1058-18-467-340	SANABOYINA SAI SRAVANYA
67	1058-18-467-341	POTHAGANI MANASA
68	1058-18-467-342	NAGATI ANUSHA
69	1058-18-467-343	NIMMARABOINA RAMYA
70	1058-18-467-344	MADHA VIJAYA
71	1058-18-467-345	KOTHURU ANUSHKA
72	1058-18-467-346	YERRAGOLA POOJITHA
73	1058-18-467-347	RAVURI MADHURI
74	1058-18-467-348	BOYA BHAGYA LAXMI
75	1058-18-467-349	KAMALA SRI SAI POOJITHA
76	1058-18-467-350	CHITTI REDDY KEERTHANA
77	1058-18-467-351	ALLADURAM SHIVANI
78	1058-18-467-352	VEPUR NIKHITHA
79	1058-18-467-353	DANGETI DURGA BHAVANI
80	1058-18-467-354	ARKANTI SRIVANI
81	1058-18-467-355	BEJANKI AKANKSHA
82	1058-18-467-356	ANKARLA POOJITHA
83	1058-18-467-357	CHANDURI POOJA
84	1058-18-467-358	UDUTHA SHRUTHI
85	1058-18-467-359	KONDAJI SAI PRIYA
86	1058-18-467-360	VANAM KEERTHI



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87	1058-18-467-361	PULLA AKHILA
88	1058-18-467-362	JAVAJI APARNA
89	1058-18-467-363	MARELLA NIHARIKA
90	1058-18-467-364	PABBA POOJA
91	1058-18-467-365	P CHRISSI OLIVIA
92	1058-18-467-366	ARIKELA CHINMAYI
93	1058-18-467-367	ELLANKI SHIVALEELA
94	1058-18-467-368	KUNCHALA BHAGYA LAKSHMI
95	1058-18-467-369	MALLEPU BHARATA JENNY
96	1058-18-467-370	RONDLA MANASA
97	1058-18-684-613	NEHA
98	1058-18-684-614	NILGIRI SHRUTHI
99	1058-18-684-615	SUDHANAGUNTA RAMYA
100	1058-18-684-616	BARLA ASHWINI

*Bhagyaleela*





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Date: 27/12/2018

**CIRCULAR**

This is to inform all the teaching staff and students to take part in **Ek Bharath Ek Shreshtha** by Nehru Yuva Kendra Sangathan, Hyderabad on 29/12/2018

*Bhagya Rekha*

**NSS Program Officers**

1. Dr. P. Rajyalakshmi
2. Dr. K. Karuna Devi

**Principal**

Dr. G. N. Bhagya Rekha

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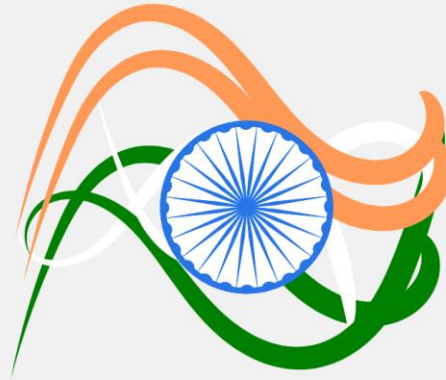
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ANDHRA MAHILA SABHA IS INVITING YOU TO  
PARTICIPATE



◆ **EK BHARATH EK** ◆  
**SHRESHTA**

29/12/2018

VENUE: NEHRU YUVA KENDRA SANGHATHAN,  
HYDERABAD - MINISTRY OF YOUTH AFFAIRS

*K. Sharmila*



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### **Report on "Ek Bharat Ek Shrestha" Program**

Date: 29/12/2018

**Objective:** The "Ek Bharat Ek Shrestha" program, organized by Andhra Mahila Sabha in collaboration with Nehru Yuva Kendra Sangathan (NYKS) - Ministry of Youth Affairs, aimed to foster national integration, cultural exchange, and mutual understanding among youth from diverse backgrounds across India. The program also sought to promote the values of unity in diversity and encourage active youth participation in nation-building activities.

**Participants:** Numerous students from various colleges participated in the "Ek Bharat Ek Shrestha" program. Among them was Maitri, a first-year student pursuing B.Sc. B.ZC at our college, who actively engaged in the activities.

**Activities:** The program featured a range of activities designed to promote cultural exchange, inter-state bonding, and social awareness. Some of the key activities included:

**Cultural Performances:** Participants from different states showcased their cultural heritage through dance, music, and theatrical performances. This provided a platform for sharing diverse cultural traditions and fostering appreciation for India's rich cultural tapestry.

**Workshops and Seminars:** Informative workshops and seminars were conducted to discuss themes such as national unity, diversity, and the role of youth in nation-building. Eminent speakers shared insights and perspectives, encouraging participants to reflect on their roles as responsible citizens.

**Interactive Sessions:** Interactive sessions were organized to facilitate dialogue and interaction among participants from different states. These sessions encouraged participants to exchange ideas, share experiences, and forge meaningful connections beyond regional boundaries.

**Community Service Projects:** As part of the program, community service projects were undertaken to address local needs and contribute to the welfare of marginalized communities. Participants actively participated in initiatives such as cleanliness drives, awareness campaigns, and skill development workshops.

**Cultural Exchange Programs:** Special cultural exchange programs were organized to enable participants to experience the culture and traditions of states other than their own. This fostered a spirit of curiosity, empathy, and mutual respect among participants from diverse backgrounds.

**Impact:** The "Ek Bharat Ek Shrestha" program had a significant impact on the participating students, including Maitri, and the broader community. Some of the key impacts include:


**Social Cohesion:** The program facilitated meaningful interactions and friendships among participants from diverse backgrounds, fostering a sense of unity, solidarity, and mutual understanding.

**Conclusion:** The "Ek Bharat Ek Shrestha" program organized by Andhra Mahila Sabha in collaboration with Nehru Yuva Kendra Sangathan provided a valuable platform for youth from across India to come together, celebrate diversity, and work towards a shared vision of unity and progress. Through their active participation, students like Maitri exemplified the spirit of national integration and youth empowerment. Such initiatives play a crucial role in fostering a harmonious and inclusive society, laying the foundation for a stronger, more united India.



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World Enjoys Youth Network  
**Together**  
Towards Tomorrow...  
**NEHRU YUVA KENDRA SANGATHAN**  
नेहरु युवा केन्द्र संगठन  
(An autonomous organization under Ministry of Youth Affairs & Sports, Govt. of India)  
(एक स्वायत्त संगठन, युवा कार्यक्रम और खेल मंत्रालय, भारत सरकार)  
“Ek Bharat Shreshtha Bharath”  
“एक भारत श्रेष्ठ भारत”  
Telangana State level Declamation Contest Certificate  
जिला राज्य स्तर भाषण प्रतियोगिता प्रमाणपत्र

This is to Certify that Mr. / Mrs./ Ms. यह प्रमाणित किया जाता है की श्री/श्रीमती/सुपुत्री  
M. Maithri S/D/W/O/पुत्र/ पुत्री/पत्नी Prakash Rao  
Resident of village निवासी Hyderabad District/जिला Hyderabad

State /राज्य Telangana Participated in State Level Declamation Contest on Patriotism and Nation Building as part of  
Rupublic Day Celebration. 2019 ने गणतंत्र दिवस समारोह, 2019 के हिस्से के रूप में देशभक्ति एवं राष्ट्रनिर्माण पर राष्ट्रीय स्तर भाषण प्रतियोगिता  
में भाग लिया and secured First position और - स्थान प्राप्त किया।

Date of Issue: 29-12-18  
(जारी करने की तिथि):

N. S. Hion  
(District Youth Co-ordinator)  
NYK : WARANGAL

K. Shankar Rao