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6.3.2.Percentage of teachers provided with financial support to attend conferences/workshops and towards.

Date: 14.10.2022-16.10.2022

Caption: Three Days workshop on 8 elements of wellness attended by P.Sarada,

Dr.A.Pramila, Dr.K.Karuna Devi, Dr.P.Rajyalakshmi, Dr.K.Kiranmai,

Dr.Y. Vasundhara, Sandhya, Aliveni, Arun Jyothi.









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Post event summary report 8 Elements of wellness from 14.10.2022 to 16.10.2022

Name of the event - 8Elements of wellness Date of the event - 14.10.2022 -16.10.2022 Location of the event - Brahma kumaris- Shanti Sarovar Hyderabad. Name of the organisation- Spandana Eda International foundation Event coordinator - sharada ma'am

Spandana Eda – one and only daughter of Dr.E.Samuel Reddy and Nirmala born on May 22 and 1995. They named her SPANDANA. They raised her very well. She completed her schooling in Sri Vikas educational institutions in Guntur and intermediate in Masterminds, She completed her Master's in Business Administration (MBA) from Nalanda College.

Spandana was a pioneer in studies from her childhood. She was a very intuitive person, a quick learner and had a good grasping power. She was extremely intelligent. She was very spiritual and took spiritual classes with children. She always extends her hand for help who are in need. She intermingles with everyone without any discrimination. She supports her friends every time they need help. Because of love failure, she left this world permanently on Jan 2 and 2020. But she was alive in everyone's heart through the programmes of Spandana Eda international foundation. still shines like a bright star in the sky which never Fades......

India being an ancient country for all kinds of research and developments originated from its rich traditions and customs based on Ethics and Values, our culture and spiritual beliefs impact our paradigm and everything we do. There has been stableness and strong immune system carried from generations to generations for the holistic wellness of an Individual. After all, wellness is all about the way we live and experience the joy, fulfilment and health.

Perceptional changes and bringing balance are the crucial aspects of wellness. Overall, balanced life can bring many advantages for long-lasting happiness in life. For a balanced life there is always time to do things that make us feel happy, elevated, and fulfillied. SEIF works for creating awareness in the Individuals about how to create balance in all the situations faced in the day-to-day society by incorporating Eight elements of wellness.

Importance of Eight Elements of Wellness :

- 1. Physical Wellness: Physical wellness boosts mental health. One can perform to the best of one's ability in all areas of life, even academically with better health.
- Emotional wellness: Emotional wellness brings happy and more blissful life, and also allows us to reach our full potential. It helps us to cope effectively with stress and adapt to change.

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- 3. Intellectual wellness: It is important to explore new ideas and understandings in order to become more mindful and better-rounded. Having an optimal level of intellectual wellness inspires exploration.
- 4. Spiritual Wellness: Physical, mental and spiritual health, all the three are deeply intertwined and have a profound effect on one another. Spiritual wellness is a process of continuous seeking to learn and grow in the inside fostering maturity levels go up to understand the meaning of eternal bliss.
- 5. Social Wellness: Social wellness involves building healthy, nurturing, and supportive relationships as well as fostering a genuine connection with those around us. Healthy relationships are a vital component of health. People who have a strong social network tend to live longer and Positive social relationships increase our self-esteem.
- 6.Financial Wellness: Financial wellness is an important part of overall wellbeing which directly affects physical, mental, and social wellness. It can helps lower our stress levels. It makes us realise what is real wealth. SEIF emphasizes that wealth creation solely does not depend on completely getting involved in the money making process. The noble acts of any person, the blessings of the Elders and well-wishers, the reciprocatory nature of a person all contribute for financial well-being. "We get what we Give". This in turn makes anyone rich financially.
- 7. Environmental wellness: Environmental wellness creates harmony between the individual and the society to lead a pollution-free healthy life ahead. It helps ensure the future health of our communities and the world. When our surroundings are well cared for, we experience a greater sense of comfort and less anxiety.
- 8. Cultural wellness: It is our responsibility to avoid the discriminations and to carry forward the legacy of Cultural wellness to our next generations. That's how "Vasudhaiva Kutumbakam" can be maintained. Ultimate benefit of cultural wellness is attaining "self-awareness" by exploring new places, learning new things, and discussing with people with unmatched frequencies. It helps to develop Positive relationships and to interact respectfully with people of different backgrounds.

Thank you for sharing your knowledge with us. We were previously unaware of this important issue; thank you for sharing knowledge of the subject.





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Date: 23.03.2023 to 25.03.2023

<u>Caption:</u> Three Day International Conference on Higher education and sustainable Development attended by the Dr.Y.Vasundhara , P.Sarada, Dr.J.Saritha, Dr.A.Pramila , Mrs.Arun Jyothi, Mrs.G.Aparna, B.Ramani, Dr.K.Kiranmai, P.Priyanka, G.Himabindu, G.swathi, V.Radhika.











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Date:20.01.2023-21.03.2023

<u>Caption</u>: Recent Advance in Green & Sustainable Chemical Science attended by Dr.K.Kiranmai.





REPORT: Dr.K.Kiranmai attended the National Conference RAGSCS 2023 Recent Advances in Green & Sustainable Chemical Sciences on 20th and 21st January 2023.





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Date: 16.06.2023 to 18.06.2023

<u>Caption</u>: Research Methodology Course for Research Scholars/Young Faculty in Economics Commerce and Management attended by G.Hima Bindu, V.Radhika, D.Bhavani, M.Swetha, Ms.Pravalika, Ms.Sharanya, Ms.Mamatha.









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REPORT:

Seminar :- 16th June 2023 - 18th June 2023 Report: - Attended a 3 day workshop on Research Methodology in JIE. Redhills, Hyderabad, sponsored by ICSSR-SRCACESS. In the inauguration the chief was Prof. S. Sudhakar Reddy, Hononay directors, IcssR-sRc and the special guest sni Anil Aganwal, President FTCCI, Keynote speaker was Prof. E. Revathi, director, CESS, Hyderabad which was presided by Sri. C.A. Laxmi Niwas Sharma. In the 14-II session on 16/6/2023 Prof. Rajasekhar - Research and its types of Research III session Dr. S.V. Ranga charyulu - Research Design & steps in empirical research 2"] [], [], [V on 17/6/2023 Dr.s.v. Ranga chanyulu - Sample design, Tools for data collection - Hypothesis formulation & sample testing Prof. S. Indiakath 3⁷⁸- 7, 17, 10, on 1816/2023 Day Prof. Subrahamanyam - Relevance & interpretation of t test, Prof. Patrick - Relevance & interpretation of Regression and correlation - Vote 11 thanks chy-square & A NOVA Prof. Patrick Prof. T. L. N. Swamy - Vote of thanks. It was really a knowledgeable senion, where we learned a lot about the presearch methodology where all other senior and intellectual person have inaugurated their knowledge with all the research scholars and students who have come from various educational institutions.





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Date: 08.07.2023 to 09.07.2023

<u>Caption</u>: Two day National Seminar,MSME;s in India with Special reference to the state of telangana:Performance and Challenges attended by G.Hima Bindu,D.Bhavani V.Radhika, Dr.J.Saritha, D.O.Namratha, M.Swetha,Ms.Pravalika, Ms.Sharanya,Ms.Mamatha. G.Hima Bindu Presented a Paper.

Indian Institute of Economics Two Day National Seminar



Hyderabad, July 8 (Bharat Sama Char) Indian Institute of Economics To Day National Seminar on MSMEs in India with Special Reference to Telangana State Saturday Sunday Agenda" Inviting guests".By Sir Lakshmivas Sharma, Chairman, Program President, S.Subburaj, IES, Chief Guest & Dr.B Kavitha by Srinivasa Murthy, Director, Special Guest & Dr.N.Deepa" Dr. T. Nagalakshmi by Srimati Pravalika, Guest of Honor, Professor T.L.N. Swami, director, lighting the lamp" Opening Remarks - Lakshmivasa Sharma" Seminar Report Swami" A brief biodata presentation of . Subburaj" Chief Guest souvenir release" message by S. Subburaj, Chief Guest" Presentation of Brief Biodata Message by Srinivasa Murthy. S. Srinivasa Murthy, Director, was the special guest. T. Presentation of Nagalakshmi Brief Biodata" Congratulations to the guest of honor Dr. T.Nagalakshmi message" S Subburaj, Chief Guest" Prof. S. Srinivasa Murthy, Director, IPE, Special Guest. Dr. T. Nagalakshmi, Guest of Honour" Vote of thanks by Prof. K. Pratap Reddy conducted





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REPORT:

The Department of Economics and Commerce attended a two-day National Sen=minar on "MSMEs in India with Special Reference to state of telangana, Performance and Challenges" along with 25 Students on 8th and 9th July 2023.G.Hima Bindu Presented a research Paper Entitled "A case study of MSME and the effect of Make in India".



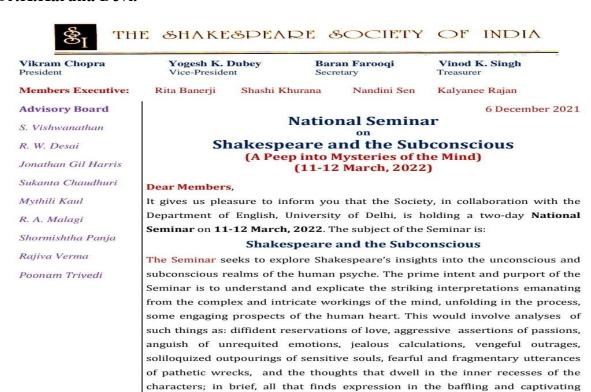


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Date: 22.11.2021

Caption: Shakespeare Society an International Conference attended by

Dr.K.Karuna Devi.



The subject would also necessarily cover the varied relationships between man and man, and between man and the external world, for in Shakespeare the boundaries between the supernatural and the psychological or between the ethical and the psychological often overlap. The varied formations of elements and objects of nature, in general aspects, as well as in the larger perspective of human existence, yield amazing illustrations of how they impact each other :Othello's "Propontic and the Hellespont", Desdemona's "Sing willow, willow, willow"! and the "sycamore tree", Hermione's prolonged agony deriving comfort in the benign protection of nature, Perdita's play with the flowers, Ophelia's mental and emotional association with flowers and her later drowning in the river,

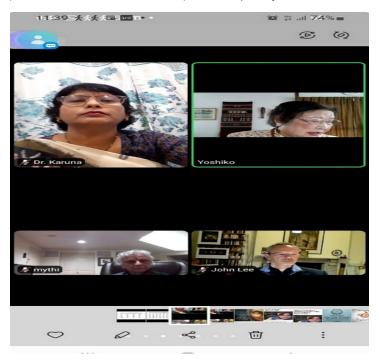
sorcery of Shakespeare's magical portrayal that involves us in an irresistible

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REPORT:

Dr.K.Karuna Devi Attended the international Conference Shakespear Society and Presented a paper entitled SHakespear and Subconscious.

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