



ANDHRA MAHILA SABHA

ARTS & SCIENCE COLLEGE FOR WOMEN

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2.3.2 The institution adopts effective Mentor - mentee schemes to address academics and student psychological issues

The institution has embraced effective mentor-mentee schemes as a cornerstone of its approach to addressing both academic and student psychological and legal issues, recognizing the pivotal role mentors play in guiding and supporting students throughout their educational journey. Here's an overview of how these schemes are implemented:

A) Academic Support:

The mentor-mentee relationship begins as soon as students enter the institutions every teacher serves as a counselor for their assigned class meeting students at least twice a month to collect and update comprehensive student profiles.

These profiles contain information such as previous educational records, health history, personal details, academic progress including semester marks, and details of academic and personal counseling sessions.

Mentors are typically faculty members who possess expertise in the student's field of study and are well-equipped to offer personalized assistance.

One of the primary goals of the mentor-mentee scheme is to ensure that students receive the necessary academic support to excel in their studies. Mentors work closely with their mentees to identify their academic strengths and weaknesses, develop personalized learning plans, and set achievable goals. They provide guidance on course selection, study techniques, time management, and examination preparation, helping students navigate the academic challenges they may encounter.

They assist students in selecting projects and trainings, as well as in choosing extracurricular and co-curricular activities, including value-added and certificate courses, sports, cultural activities, and participation in different clubs and student cell activities. Career planning and participation in departmental and non-departmental activities are also part of the mentor's responsibilities


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In addition to individualized support, the mentor-mentee scheme fosters a collaborative learning environment where mentees are encouraged to engage in peer-to-peer learning and support. Mentors facilitate group study sessions, encourage mentees to form study groups, and promote knowledge sharing among peers.

B) Psychological support

Beyond academic guidance, mentors also play a crucial role in addressing the psychological wellbeing of their mentees. They serve as trusted confidants and emotional support to students facing personal challenges. Through the Survey collected students profile it was found that most of the students suffer from PCOD and PCOS. Lectures from eminent doctors to help students to overcome the problem.

Mentors create a safe and supportive space where mentees feel comfortable discussing their concerns, fears, and anxieties. They provide empathetic listening, validation, and non-judgmental support, helping mentees navigate difficult emotions and build resilience. Mentors also offer practical strategies and coping mechanisms to help mentees manage stress, develop healthy habits, and priorities self-care.

Regular meetings between mentors and mentees are scheduled to monitor progress, address academic concerns, and provide feedback. Mentors also offer constructive criticism and encouragement to help mentees overcome obstacles and reach their full academic potential.

Mentors receive support and guidance from the Academic Coordinator and the Principal, with regular interaction at least once a month to ensure effective implementation of the Mentor-Mentee program. These collaborative efforts ensure that students receive holistic support, addressing both their academic and psychological needs, thereby fostering a conducive learning environment and promoting overall student well-being.



Carrer Guidance



Extra curricular activities


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Certificate Course



Guidance on course selection



Sports-Yoga classes



K. S. Sharmila Devi

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