

DEPARTMENT OF PHYSICAL EDUCATION
ANNUAL REPORT
ACADEMIC YEAR 2022 -23



Dr. M. Sridevi, HOD

M.A; M.P.Ed; M.Phil; Ph.D; NIS (Kabaddi)

- After the Corona pandemic the Osmania University Intercollegiate Tournaments were started this Academic year, our students participated in Yoga, Kabaddi, Taekwondo, Throw Ball, and Athletics.
- Our college celebrated the **Telangana Formation Day** on 2nd June 2022 Conducted by the Department of Physical Education.
- The **8th International Yoga Day** was celebrated on 21st June 2022 and a **National level online quiz** on Yoga was conducted by the Department of Physical Education.
- Our college celebrated the **76th Independence Day** on 15th August 2022, a Flag Hoisting program conducted by the Dept of Physical Education.
- Sports students enrollment program conducted in the last week of November 2022.
- Our students secured 4th place in the OU Yoga Tournament with a Merit Certificate, Rajitha of B.Sc I year received an individual **Bronze Medal** and she was also selected for Nationals.
- Our students secured 4th place in the OU Taekwondo Tournament with Merit Certificates. Akshitha of B.A first-year secured a **Gold Medal**, Sai Bhargavi of B.A final year secured a **Bronze Medal** and R.Sriya of B.Com I yr secured a **Bronze Medal**.
- We are Proud to announce that our student **E. Sruthi of B.Com I year** has secured **4 Gold Medals** in the **Commonwealth Games, powerlifting Championship** held at **New Zealand** from 24th November to 4th December 2022 and she also secured two gold medals in National tournaments.

- The Department has Conducted Three Months Certificate Course in Yoga and Taekwondo from November 2022 to January 2023. 65 students were trained in the Yoga Certificate Course and 67 students were Trained in the Taekwondo Certificate Course.
- **The following 8 students have participated in Taekwondo Nationals from 27th to 29th November 2022 at Delhi.**
 1. Deeksha Yadav of BBA II yr has Secured **Silver Medal** in the Nationals
 2. Rithika of BBA II yr has Secured **Bronze Medal** in the Nationals
 3. Bhavana of B.Com I yr has Secured **Bronze Medal** in the Nationals
 4. Keerthana of BSc III yr has participated in the Nationals
 5. R.Anitha of BA II yr has participated in the Nationals
 6. Kareena Chavan of BA (EPP) I yr has participated in the Nationals
 7. Sowmika of BBA II yr has participated in the Nationals
 8. C. Sai neela BBA II y has participated in the Nationals
- **Rajitha** of B.Sc I year participated in the **Nationals** Yoga Tournament on 26th December 2022 held at, Puducherry, **Chennai**.
- **M. Akshitha** of B.A I year have participated in **All India Interuniversity Taekwondo** Tournament from 9th to 12th January 2022 held at Amritsar, **Punjab**.
- Our college celebrated **Republic Day on 26th January 2023**, conducted by the Dept of Physical Education.
- Dr. M. Sridevi, Associate Professor and Head Department Physical Education **presented a paper on “ Challenges in Digital Governance”** Orgnized by the Department of Public Administration, AMS, Arts & Science College for Women, O.U Campus, Hyderabad on 31st March 2023.
- **Shambhavi** of BBA final year has participated in **Nationals Tennis ball Cricket** from 28th to 30th May 2022 held at **Kerala**.

The Department has conducted Annual competitions of games and sports for the Degree and PG students in the following events, Carroms, Chess, T.T, Kabaddi, Kho-Kho, Throw Ball, Tennikoit, Shuttle Badminton and Cricket, Sports events- 100 mts running, Long Jump, Shot-put throw, Javelin throw, Disc throw in the months of February and March 2023.

- **L. Nandini** of B.Com Final year has been declared as **College Champion** for the Academic year **2022-23**.

- The Department of Physical Education has celebrated the “**ANNUAL SPORTS DAY**” on 21st March 2023, **Smt N.Usha Reddy**, President of Andhra Mahila Sabha was the Chief Guest.

NCC

- **The Last Batch of NCC Army and Navy Cadets appeared ‘C’ Certificate exam and passed out.**
- We have NCC open units Navy and Army wings from 2006 to 2023, due to new guidelines of NCC they removed many degree colleges, including our college. Now we replaced NCC with Scouts and Guides for this Academic year 2022-23. Our college Applied for Hindustan Scouts and Guides, in the month of February 2023. They immediately responded and sent their **Three Trainers** to our college from Visakhapatnam, Andhra Pradesh. We have conducted the **Orientation and Training program from 16th to 18th March 2023. 120 students have enrolled** their names. They actively participated in three days training program and performed Pyramid activities on the stage excellently.

A brief Report of Overall Activities

- Sruthi secured **4 Gold Medals in Common Wealth Games Power Lifting** (International Level).
- 11 students have participated in the **Nationals** in Cricket Taekwondo & Yoga and secured **1 Silver and 2 Bronze Medals.**
- **3 students** secured **1 Gold, 2 Bronze Medals** in O.U Inter College Taekwondo Tournament.